

Coronavirus Update

6/03/20

HYGIENE ADVICE

The Coronavirus has highlighted the importance of maintaining good hygiene to prevent the spread of any viruses and infections so remember to:

- **Wash hands frequently with soap and water or use hand sanitiser,**
- **Cover your mouth or nose when coughing or sneezing to limit the spread of any virus in our community.**

If you develop symptoms

- Do not come to work
- Seek medical attention, and provide information about your travel history to your medical practitioner
- Limit contact with other people as much as possible until you have received clearance
- Return to work when you have received medical clearance

If the situation with the Coronavirus changes we will provide further updates at that time.



Kind regards,

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